

# How your dental practice helps you maintain a healthy mouth and happy body



1 Monitor your oral health



2 Identify your risk factors



3 Treat disease and maintain health



## Oral inflammation plus these risk factors puts your body at risk

- ⚠ Stress
- ⚠ Personal and/or Family history of: diabetes, heart attack, stroke, cancer, heart disease, high blood pressure, high cholesterol, heart murmur or gum disease
- ⚠ Heavy alcohol drinkers
- ⚠ Pregnant/nursing mothers
- ⚠ Medications that result in a dry mouth
- ⚠ Any form of tobacco use

### Brain

- Oral inflammation has been linked to Alzheimers and dementia
- Oral inflammation is associated with increased blood clots leading to stroke



### Heart

- Oral inflammation can raise the risk of heart attack by 13.6 times—twice the risk of a heavy smoker



### Kidneys

- Oral inflammation stresses the kidneys' function to fight diseases
- Current research is showing a link between oral inflammation and kidney failure



### Mouth

- Oral inflammation is linked to oral cancer
- Non-smokers are also at risk for oral cancer
- Oral cancer has a 22% survival rate if undetected but almost 100% survival rate if caught early



### Lungs

- Oral inflammation in the lungs can increase susceptibility to pneumonia and bronchitis



### Pancreas

- Oral inflammation may disrupt blood sugars resulting in diabetes
- Oral inflammation has been linked to pancreatic cancer



## Other Body Impacts

Oral inflammation has been linked to osteoporosis & arthritis

Women with oral inflammation are at a greater risk of breast cancer

Men with oral inflammation are at risk of erectile dysfunction

Expectant mothers with oral inflammation are at greater risk of pre-term births

Oral inflammation has been linked to stomach ulcers

Emerging research is showing a link between oral inflammation and infertility